



# Limpopo Newsletter

## JANUARY 2010



### Shows for 2010

Date	Venue	Discipline	Contact
February 13/14	Blouberg	<b>SANEF SCHOOLS</b>	Marlize 0829405545
February 27/28	Broadlands	Graded & Training Showjumping	Lynn 0825701589
March 13/14	Revil	Graded & Training Showjumping	Rene 0828594277
March 27/28	Broadlands	Graded & Training dressage & showing	Lynn 0825701589
April 10/11	Blouberg	Graded & Training Showjumping	Marlize 0829405545
May 8/9	Broadlands	<b>SANEF SCHOOLS,</b> Graded and Training Dressage & showing	Lynn 0825701589
June 5/6	Revil	Graded Showjumping	Rene 0828594277
July 3 /4	Broadlands	Graded & Training dressage & showing	Lynn 0825701589
July 17/18	Broadlands	<b>SANEF SCHOOLS,</b>	Lynn 0825701589
July August 31 /1	Blouberg	Graded & Training Showjumping	Marlize 0829405545
August 21/22	KEP	Lower Grade Inter-Regionals	
September 18/19	KEP	Higher Grade Inter-Regionals	
September 25/26	KEP	SANEF Schools Nationals	

#### GHS Committee

<b>Theresa Greyling</b> <b>Marlize Steyn</b> <b>Kerry Joubert</b> <b>Rene Fourie</b>	<b>Chairman</b>	<b>082 446 7032</b> <b>0829405545</b> <b>082 446 0365</b> <b>082 859 4277</b>	<a href="mailto:theresagreyling@yahoo.com">theresagreyling@yahoo.com</a> <a href="mailto:marlize.xhrs@xsinet.co.za">marlize.xhrs@xsinet.co.za</a>  <a href="mailto:rene@revilstables.co.za">rene@revilstables.co.za</a> <a href="http://www.revilstables.co.za">www.revilstables.co.za</a> <a href="mailto:mishj@vodamail.co.za">mishj@vodamail.co.za</a> <a href="mailto:astridbotha@yahoo.com">astridbotha@yahoo.com</a> <a href="mailto:berbonstables@senco.co.za">berbonstables@senco.co.za</a>
<b>Michelle Joubert</b> <b>Astrid Botha</b> <b>Bernedene Koorts</b>		<b>0834692056</b> <b>0832555816</b> <b>0824482335</b>	

#### Sanef Schools Committee

<b>Theresa Greyling</b> <b>Bonnie Koorts</b> <b>Karen Dewsnap</b> <b>Sannie-Esther van Staden</b> <b>Angela van Zyl</b> <b>Bernedene Koorts</b>	<b>Chairman</b> <b>Secretary</b>	<b>082 446 7032</b> <b>083 765 5036</b> <b>083 260 6331</b> <b>0836961014</b> <b>0824487877</b> <b>0824482335</b>	<a href="mailto:theresagreyling@yahoo.com">theresagreyling@yahoo.com</a> <a href="mailto:bkoorts@senco.co.za">bkoorts@senco.co.za</a> <a href="mailto:karendewsnap@mweb.co.za">karendewsnap@mweb.co.za</a> <a href="mailto:sannie.esther@gmail.com">sannie.esther@gmail.com</a> <a href="mailto:angela@thefarmyard.co.za">angela@thefarmyard.co.za</a> <a href="mailto:berbonstables@senco.co.za">berbonstables@senco.co.za</a>
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# News

Please note that parts of this Newsletter were sent out in December via email.

These are the GHS contact numbers – those email addresses and numbers that we can never find when we want them.

Natascha Erasmus - [reining@ghsinfo.co.za](mailto:reining@ghsinfo.co.za)

Kate Launder - [dressage@ghsinfo.co.za](mailto:dressage@ghsinfo.co.za)

Alicia Du Preez - [showjumping@ghsinfo.co.za](mailto:showjumping@ghsinfo.co.za)

Nicole De Villiers - [showing@ghsinfo.co.za](mailto:showing@ghsinfo.co.za)

Erika Field - [entries@ghsinfo.co.za](mailto:entries@ghsinfo.co.za)

Marika Kruger - [ghsinfo@iafrica.com](mailto:ghsinfo@iafrica.com)

Shelly Beckbessinger - [gm@ghsinfo.co.za](mailto:gm@ghsinfo.co.za)

Anne Andrews - [reception@ghsinfo.co.za](mailto:reception@ghsinfo.co.za)

Robyn Sterley - [membership@ghsinfo.co.za](mailto:membership@ghsinfo.co.za)

Jenny Mullin - [grading@ghsinfo.co.za](mailto:grading@ghsinfo.co.za)

N-J Freeman - [admin@ghsinfo.co.za](mailto:admin@ghsinfo.co.za)

Louis Horwitz - [accounts@ghsinfo.co.za](mailto:accounts@ghsinfo.co.za)

GHS also has a new number, 082 231 3552 - The old number, 011 702 1657 is still working.

## CONGRATULATIONS TO MIKALYA MCDONALD FOR BEING RESERVE CHAMPION IN JUNIOR OPEN EQUITATION AT THE JUNIOR CHAMPIONSHIPS IN CAPE TOWN

### HELP AT SHOWS

Please will anyone that is prepared to help with time keeping, scribing, announcing etc. at shows, please contact Lynn. This is the perfect opportunity for the parents to get involved and to keep themselves busy at a long show day. One of the perks is usually a nice shady place to sit. For those parents who would like to go the extra mile, how about becoming a course builder. Please contact Lynn Cocks at 0825701589

### DRESSAGE

This year one of the goals of the Limpopo dressage riders is to grow the disciple. Broadlands is organizing three graded dressage shows. We would like to increase the number of riders doing dressage. Plans are a foot to start an achievement listing – with sashes for the champion Limpopo dressage riders at the end of the year in the various grades, a clinic by Kari Garber (based in USA) plus lectures, dvd viewings, sharing of book “reviews”, websites and training ideas and goals, as well as clinics by instructors from Gauteng. If you are particularly interested in dressage, or would like to learn more about this disciple that forms the basis of all riding, please send your email address and telephone number to Dawn at [leopardbay@hotmail.com](mailto:leopardbay@hotmail.com) saying that you are interested in dressage in particular. She will then keep you updated on exactly what is happening.

### WHY SHOULD YOU or YOUR CHILD TEACH A SHOWJUMPER TO DO DRESSAGE

Many problems over fences have their roots in the quality of flatwork that is undertaken. Some of the exercises of basic dressage can actually improve a horse's performance over fences. Any training of the horse needs to include work that keeps the horse obedient, attentive, responsive and flexible.

As an example, a horse may become dull and stiff if the rider does not do any transitions or patterns. Canter on one speed for say 5 minutes will bring only dullness. However, by introducing transitions within the gait and /or between the gaits will make him more attentive to the rider and hence would be easier to control.

Also, if the horse has not undertaken elementary level schooling on flat work, which includes some lateral movements, it is difficult for him to understand how to move off the leg correctly and therefore he will be hard to keep straight when approaching a jump.

### A good show jumping horse should be trained to undertake the following :-

Light transitions between and within the gaits

A collected canter (pirouette canter )

Counter canter on a circle

Flying lead changes.

The above are all elements in basic dressage. Many riders start jumping their horses without introducing the horse to the basics of flatwork. After all, 90% of a show jumping competition is performed on the flat! Flat work is basic and so if it is ignored then problems on a jumping course will inevitably occur in one form or another.

**Please SMS Angela Lund @ 082 809 6902 / [ajlund@mweb.co.za](mailto:ajlund@mweb.co.za) with your news. Please send your documents in Word 2003 format and not Vista (docx), and your photographs as attachments.**

**We would like to know:**

- 1. Show Results**
- 2. New horses**
- 3. Comments on shows**
- 4. Dedications to your special horse that you have just sold, passed on, or you just love**
- 5. Horses for Sale**
- 6. Tack, jods, boots, jackets and any other horsey stuff for sale**
- 7. Your email address if you did not receive this email**