

# Para-Dressage Newsletter

May 2010



Dear Riders, Coaches, Parents and Judges

## **SA TEAM TO WEG UPDATE!!!**

The team got together for their first training camp, and had to go for testing at the High Performance Centre in Pretoria over the weekend of the 14<sup>th</sup> to the 16<sup>th</sup> of May. A Big Thank you to the high performance centre in particular to Byron Malga. The information the riders gained regarding their physical fitness, diet, mental preparation ect, was invaluable. The team will follow a strict exercise and diet programme to ensure they are in top form when they compete later the year in the World championships. Follow up training camps will be held every month until the team departs for Kentucky. Also thank you to Sharon Boyce for co-ordinating the camp, to Bev Franklin for lessons and to Tracey Cummings for her expertise and support. Then to Angie Meredith (chef-de mission for Team SA) for her talk regarding WEG.

## **SHOW RESULTS:**

### **SANEF QUALIFIER EATON FARM 7 May 2010:**

Grade 1 B:	Marion Milne	: 67.27%, 70.43%
Grade 2 :	Wendy Moller	: 63.33%, 68.09%
Grade 2 :	Sarah Hughes	: 50.95%, 54.76%
Grade 4 :	Sandi Leigh Norris	: 61.88%, 61.94%
Grade 4 :	Cathy Lloyd	: 58.75%, 55.81%
Grade 4 :	Gary Allpass	: 59.06%, 52.26%

### **SANEF Qualifier (WP)**

Grade 2 : Nicole Sanders : 72.14%

Well done to all the riders.

## **GROW PARA EQUESTRIAN OPEN DAY AT SHUMBASHABA EQUINE ASSISTED THERAPY CENTRE.**

Unfortunately the Shumbashaba show on the 1<sup>st</sup> May has had to be postponed to the 31<sup>st</sup> July. There will be wonderful prizes to be won courtesy of the Centurion Lions so be sure to enter and tell your friends.

## **Picture of the month: (Please send me your show pictures)**

Due to the file size I can only include one picture of a rider at a show, therefore I will select a new one every month. This month we have Grade 2 rider Anthony Dawson on Flaming Gun



#### **FEI PARA EQUESTRIAN RIDER WORLD RANKING LIST:**

I have only included the SA riders ranking and points. Also note these points are only from the FEI show held in Cape Town. The list has not been updated and does not include any points that should still be obtained from the FEI show that was held in March at GHS..Also note that all riders from all grades are ranked together. Unfortunately Cathy Lloyd has been left off the ranking list, FEI should correct this shortly.

NO: 102	Wendy Moller	280 Points
NO: 109	Anthony Dawson	264
NO: 127	Marion Milne	199
NO: 144	Anthea Coullie	130
NO: 145	Joanice Vermeulen	126
NO: 151	Sarone du Toit	107
NO: 157	Nicole Sanders	97
NO: 163	Lizette Smith	72
NO: 170	Kerry Noble	51
NO: 177	Sarah Hughes	3

**Until next time happy riding!!**

**Wendy**

*PS. Feel free to contact me if you have any tips, funny horsy stories or anything you would like to add.*