



Limpopo Newsletter

July 2010



Shows for 2010

Date	Venue	Discipline	Contact
July 17/18	Broadlands	SANEF SCHOOLS,	Lynn 0825701589
July 17/18	Revil	Graded Showjumping	Rene 0828594277
August 7	New Dawn	Physiotherapy Lecture	
August 21/22	KEP	Lower Grade Inter-Regionals	
September 18/19	KEP	Higher Grade Inter-Regionals	
September 25/26	KEP	SANEF Schools Nationals	

GHS Committee

Theresa Greyling Marlize Steyn Kerry Joubert Rene Fourie	Chairman	082 446 7032 0829405545 082 446 0365 082 859 4277	theresagreyling@yahoo.com marlize.xhrs@xsinet.co.za rene@revilstables.co.za www.revilstables.co.za
Michelle Joubert Astrid Botha Bernedene Koorts		0834692056 0832555816 0824482335	mishj@vodamail.co.za astridbotha@yahoo.com berbonstables@senco.co.za

Sanef Schools Committee

Theresa Greyling Bonnie Koorts Karen Dewsnap Sannie-Esther van Staden Angela van Zyl Bernedene Koorts	Chairman Secretary	082 446 7032 083 765 5036 083 260 6331 0836961014 0824487877 0824482335	theresagreyling@yahoo.com bkoorts@senco.co.za karendewsnap@mweb.co.za sannie.esther@gmail.com angela@thefarmyard.co.za berbonstables@senco.co.za
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News

GENERAL

Kindly take note that there are **only 3 qualifiers for the Limpopo Sanef Schools teams with the last qualifier being held at Broadlands during the weekend of 17 - 18 July 2010**. There seems to be confusion about this and you are welcome to phone Theresa Greyling or Lynn Cocks to clarify this.

KERRY'S CORNER

Kerry Joubert will be doing a monthly article for us on some of the many topics that horse riders and their parent should know. The first one is on the most important EMERGENCY PLAN. Please will all parents and instructors explain the list to your children.

Emergency Plan

- 1) Stay calm.
- 2) Make the area safe.
- 3) Make sure the the injured person, the other riders, yourself and anyone else in the vicinity are not in danger of further injury.
- 4) Take charge of the situation.
- 5) In practical terms it will usually mean you quickly halt and where practical and safe, dismount the ride at a safe distance from the injured person.

- 6) If another responsible person is present instruct them to take charge of the group.
- 7) Ensure that any loose horse will not cause a further accident, instruct responsible people to catch loose horse(s)
- 8) Go quickly to the injured person and assess the situation.
- 9) Do not move the injured person.
- 10) Tell them to remain still
- 11) If necessary use the ABC of first aid for life preservation:
A airway, B breathing, C circulation
- 12) Summoning help.
- 13) It may be necessary to send for medical help or to arrange for the casualty to be taken to hospital unless quit certain of their fitness to continue.
- 14) Remember put the emergency no in your cell phone.

All riders should do their basic first aid course it could save a life! contact Bev Delport at beverly@emcare.co.za

Ride safe love Kerry

BROADLANDS NEWS

Graded Dressage Show / Pony Club Rally 3 July 2010

What a great day! A cool but sunny day was ordered for the Show at Broadlands.

Graded Dressage Riders, Astrid Botha, Angela Lund and Luzaan Engelbrecht attended the Graded Dressage Novice 3 and 4 classes. Both the classes being won by Astrid Botha on Military Effort with scores of 63.50% and 64.50% respectively. Well done to Astrid and Military Effort. Angela Lund placed second in her first show back on the circuit in more than a year and Luzaan Engelbrecht third.

A Pony Club Dressage and Showjumping show was also held and what a turnout. Broadlands has not seen so many dressage rider's and tests in one day for quite a while.

On the day there was a Dressage Challenge for the Pony Rider's and Junior/Adults with much anticipation and excitement by all participating.

Pony Rider's Challenge Novice 3 with prize money of R500,00 split three ways was won by Petrone Kilian on Uncle Nick with a score of 65,45%, with Danielle Lemmer in second place 65% and Nicole Botha in third place 61.81%. Well done to these three riders, whom we hope to see at the next challenge.

Adult/Junior Challenge had a total of 10 entries and it was a nail biting time for the Judge as the scores were rather close. With R2000,00 prize money for the taking the rider's really had to pull out all the stops. Angela Lund on Seeis Socrates took first place with a score of 62.5%, Marine Vermaak on Marco in second place with a score of 62% and a well deserved third place went to Luzaan Engelbrecht on Dingaen with a score of 61.5%. Not much in the way of % separating the top three riders.

Thank you to the riders from Louis Trichardt, Mokopane and Warmbaths for traveling all the way to attend our show and we hope to see you at the next Graded and Training Dressage Show on 17 July 2010.

As the day was a great success, the Broadlands team looks forward to hosting another challenge in the very near future. Thank you to all our participants on the day for making it yet another successful show.

The Winter Challenge Training Showjumping Show will be held at Broadlands on Saturday 31 July 2010. This will be an exciting day for all levels of riders with good rewards for those who put the effort into their horses. NO PRACTICE – NO MOOLA.

Entry forms are available from Broadlands. Please call Nicky on 073 9366 356 to acquire an entry form.

DRESSAGE NEWS

News

- It looks like Candace will only be back on the 8th and 9th of October. I had hoped she would be back up here before Inter Regionals.

- As for Inter Regionals, I am not sure what the theoretical teams look like at this point, but was thinking that perhaps, if Candace doesn't come up before, the team riders should consider going down to GHS a day or two earlier and we can try and organise for her to just teach them there at GHS to help prepare. There is a dressage arena up at the stables that could be utilised for this.
- Please don't forget that the 7th August we have Petra Zikmann here from AM van der Walt PhysioTherapy coming to visit us. She is going to give a talk about Sports Injuries in Competition horses, and show us some techniques that we can use on our horses to help keep them sound and happy between their not-so regular physio visits. The costs will be R200 for the demonstration which will be at New Dawn Riding Academy. If you would like your horse treated, it will be R400. And it would be great if the horse was brought to New Dawn for the treatment. Please contact Dawn to book or for enquiries: 082 847 9162, leopardbay@hotmail.com

DRESSAGE NEWS FROM ASTRID

Astrid Botha on Military Effort went to Wildlife Equitation Show in Hoedspruit on 25 June and scored 62% and 63.75% in Novice.

Astrid also went to Broadlands in Polokwane on 3 July and scored 63.5% in Novice 3 and 64.5% in Novice 4, winning both classes

NEWS FROM BERBON STABLES

On 27 June 2010 Bernedene Koorts went to Equestrian International for a Graded and Training Dressage show. Bernedene rode Lynnette Sacks's horse, Misty Lima, in the Training Novice Dressage 3 and 4. Misty Lima was super and a real sweetheart as he went to his very first show and straight into Novice, even if it was only training. Bernedene and Lima got a 64.5% in the Novice 3 and a 61% in the Novice 4, which made them the winners in both tests!! Bernedene was very happy with his performance and can't wait for a graded show to take him to. Bernedene and Stormy Love, her own horse, also had a great show. Bernedene actually came out of the first test and said : " No matter the score, Stormy went absolutely perfect and that it was the best test she ever gave me!" She was so happy that she almost forgot to do the second test. Bernedene and Stormy got a 66% in novice 3 and was placed 2nd, and a 60.5% in novice 4 and was placed 4th.

NEW DAWN NEWS

Wow this has been a bizzzie holiday for us! Chantell Steyne on Pixie Dew who made the GHS team for 80 did very well at the show she got 2 double clears and her team came 4th out of 8 well done chicken.

We had a wonderfull Pony camp on the 28,29,30 th of June, I hade booked 12 places and on the first morning we had 3 vitos pull up and well altogether 25 children flooded New dawn stable oh my word thank goodness for Alison my new right hand, Wilmie, Nicola, Simone, Elizabeath, Cailen, Bev and Katie Thank you so much for all your help its amazing what word of mouth dose.



Now I need a holiday!!!!

I would like to say Thank you Dawn for always helping organize Candice.

Welcome Alison and Cahmino to our stables she is doing her level 1 SANEF course so look out for her on the side and in the arena thank goodness another adult to our community.

MATTHEW SMITH

Update: A horrid freak accident (doing flat work can you believe) resulted in hind leg injuries to the bone on both back legs: He decided that quarters out would be far more interesting than shoulder fore, and promptly put his hind legs over the arena wall. Unfortunately there is a 2m drop, in his efforts to drag himself and me, back into the arena he scraped his legs, cutting both tendons and bone.

Amazingly; 4 weeks later he is coming right and back into work. I hope he will be fit for the Weltmeyer Horse Trials at the beginning of August, fingers crossed.

MIKAYLA McDONALD

Results: Mikayla McDonald competed at Witkoppen on Gi Gi and Escada. Gi Gi got a second place and a pole in the next class at 1.20m and is coping easily with the height. Escada stopped to look at something strange in the first class then proceeded to jump both classes clear at 90CM.

LIMPOPO VAULTERS EXCELL

The vaulters of the Caballus Vaulting Club in Limpopo has yet again performed exceptionally well during their last show which took place on 10 May at Riverpark Stables Vaulting Club, Gauteng.

Results were as follows:

Vidine Pieterse - E-grade under 10yrs - 4th place
 Sarah-Ann vd Watt - E-grade under 14yrs - 2nd place
 Nadine Ferreira - D-grade under 14yrs - 1st place

On the 26/27 June at KEP Indoor Hall, 5 vaulters took part. Results were as follows:

Emma Lund – E-grade under 10 years – 3rd
 Vidine Pieterse – E-grade under 10 years – 5th
 Bianca Pretorius - E-grade under 10 years – 6th
 Kaylen Deysel - E grade under 10 years – 7th
 Nadine Ferreira – D grade under 14 years – 3rd.



Any inquiries about this exciting and growing equestrian sport can be made to Marine Vermaak, 084 584 4002.

Please SMS Angela Lund @ 082 809 6902 / ajlund@mweb.co.za with your news. Please send your photographs as attachments.

We would like to know:

- 1. Show Results**
- 2. New horses**
- 3. Comments on shows**
- 4. Dedications to your special horse that you have just sold, passed on, or you just love**
- 5. Your email address if you did not receive this email**